



BEDINGFELD ARMS
SINCE 1783

DRAFT COPY LUNCH MENU

V- VEGETARIAN VE- VEGAN GF- GLUTEN FREE

Starters

Classic Fish Soup with rouille and croutons	GF	6.50
Gambas Pil Pil. King Prawns, Garlic, Chilli, Ciabatta .	GF	8.95
Wild Game Terrine, toast.		7.50
Whitebait		7.00
Vegetable Spring Rolls, mirin sauce	GF VG	6.00
Cromer Crab Fish Cake, wasabi, pickled samphire grass		8.00
Aubergine Parmigiano	V VG	6.50
Crispy Lamb Pancakes, cucumber, spring onion, hoisin sauce		7.50

Mains

Luxury Fish Pie. King prawns, salmon, smoked haddock, cod, saffron, sautéed vegetables.		13.50
Lamb Shank, rosemary and red current jus, creamed potato, wilted greens	GF	15.95
A Pot of Brancaster mussels, garlic bread		14.00
The Bedingfeld Beef Burger. Stephen's Aberdeen Angus, cheese, bacon, coleslaw, fries		13.50
Miso Salmon Fillet, Asian stir fry vegetables	GF	15.50
8oz Ribeye or Sirloin, roasted vine tomatoes, mushroom, onion rings, hand cut chips.	GF	19 / 21
Artichoke & Chick Pea Hotpot.	V VG	13.50
North Sea Cod in Norfolk Ale Batter, handcut chips, crushed peas, tartare sauce.	small 11.75	13.75
Butternut Squash Madras, wild mushroom, spinach and tamarind rice, sweet potato fries	V VG	13.00
Bangers and Mash. Cumberland sausage. fried onions, sauteed kale.		13.00
Steak and Ale Pie, creamy mash, winter vegetables.		13.50
Pan Roasted Hake in Parma ham, Brancaster mussels, potato and Saffron broth		16.50
Suffolk Smoked Ham, Free Range Eggs, Chunky Chips.	GF	12.75
Macaroni Cheese with truffle oil, leeks, wild mushrooms and roasted peppers.	V VG	12.00

Sandwiches

*All sandwiches can be made Gluten free on request

Pheasant Breast Schnitzel, lightly toasted ciabatta		10.00
Croque Monsieur. Toasted Ham and Cheese		8.50
Roast Vegetable Wrap - in a plain flour torilla	V VG	8.00
Cheese and Pickle in white or whole meal bloomer		6.50
Ham in white or whole meal bloomer		6.50

Side dishes

Triple cooked handcut chips	£3.50	House side salad	£3.50
Sweet Potato fries	£3.50	Buttered Greens	£4.00
Skinny fries	£3.00	Creamed spinach	£4.00

*** Burgers contain Oyster Sauce

Please inform a member of staff if you have any food allergies

A discretionary 10% tip which all goes to the staff is added to parties of 10 or more